

Bystanders in cyberbullying

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Your child is in elementary school and is begging you to buy them a cell phone, an iPod and iPad. Anything, as long as they can communicate with their friends, either by texting or through social media. As a parent, you're worried about cyberbullying. Indeed, up to 30% of children and adolescents admit to cyberbullying others, while 25% of students report being victimized on electronic platforms. You rationalize that your child has lots of friends and that they will stand up for them in a bullying situation. Do they? What is the role of the bystander/friend during a bullying incident?

In a study published recently in the journal *Computers in Human Behaviour*, researchers from McGill University's Department of Educational & Counselling Psychology interviewed elementary and highschool aged students to learn more about their thoughts on the role of bystanders in <u>cyberbullying</u>. A total of 100 children and adolescents, aged 8-16 years old participated in the study. The children read four stories that depicted cyberbullying. In all the stories, the <u>bystander</u> was neutral and did not interfere with the bullying. For two of the stories children were asked to justify a bully's behaviour and for the other two stories, they were asked to justify the bystander's behaviour.

The researchers were surprised to discover that in children of all ages there was a kind of moral disengagement when it came to the bystanders' role. They justified the bystanders' neutral behaviour by reasoning that moral rules don't apply in this particular context. Yes, the bystander should have stood up for his <u>friend</u>, but the bystander's friend would probably not stand up for him, so the bystander's neutral response is



okay. (Some also justified the bully's <u>behaviour</u> by saying it was the morally correct thing to do. The bully behaved badly but it was for a good reason.)

This led the authors to determine that the children in the study were not likely to intervene if they were a bystander in a cyberbullying event. "As children get older they tend to blame circumstances surrounding the event, rather than the bystander in the story," explains Karissa Leduc first author on the paper. "They make excuses to justify the bystander's neutral position."

By understanding more about how children and adolescents view or rationalize the behaviours of online aggressors and bystanders, researchers can find new ways of teaching children about cyberbullying. "This study pointed out the importance of talking about cyberbullying and the role of the bystander at a young age, as children become less likely to defend a victim or report an act of on-line aggression as they get older," says Victoria Talwar, the senior author on the paper. "These discussions could help younger children think critically about their own and others' involvement in cyberbullying, and the ways they could help victims."

More information: Karissa Leduc et al. The influence of participant role, gender, and age in elementary and high-school children's moral justifications of cyberbullying behaviors, *Computers in Human Behavior* (2018). DOI: 10.1016/j.chb.2018.01.044

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