

# New portable malaria screening instrument developed

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The laser beam passes through the blood sample and hits the detector on the other side. Two measurements are taken: one with the magnet next to the sample and one without the magnet. If there is any hemozoin in the blood, it will be pulled to the side of the sample holder by the magnet, changing the amount of light that can make it to the detector. Credit: Samantha McBirney

According to the World Health Organization, over 216 million people were infected with malaria in 2016, and 445,000 individuals died from the disease. The key to solving this health crisis is early-stage diagnosis when malaria therapeutics are most effective. A new prototype for a portable instrument capable early-stage malaria detection has been developed by a team of researchers at the USC Viterbi School of Engineering.

There are two standard ways of diagnosing malaria—yet both have



limitations. The first involves taking a <u>blood</u> sample from a person and looking at it underneath a microscope for red blood cells that have been infected with the <u>malaria parasite</u>. This involves counting cells—which is manually intensive and dependent on the technician reading the blood smears. The second approach, known as the rapid diagnostic test (RDT), works in about 15 minutes. However, without refrigeration, RDTs can spoil like milk or eggs.

"Malaria primarily impacts low-resource environments where supply chain management is difficult and access to power can be unreliable. Therefore, an effective malaria diagnostic must be independent of these," said corresponding author Andrea Armani, the Ray Irani Chair in Engineering and Materials Science whose lab is located in the new USC Michelson Center for Convergent Bioscience.

### **Advantages of PODS**

The portable optical diagnostics system (PODS) prototype developed by USC Viterbi engineers Andrea Armani, Samantha McBirney, Dongyu Chen, and Alexis Scholtz, detects a byproduct generated by all species of the malaria parasite. As such, it is a rapid screening for all malaria strains.

The PODS instrument was designed to solve the challenges limiting current systems. To minimize size, weight, and power requirements without sacrificing performance, every aspect was considered. The current prototype weighs fewer than 10 pounds, is 12 by 10 inches (the size of a large shoebox) and can be powered by a battery for eight hours. In addition, PODS was designed to require minimal sample processing and handling, as well as eliminate the need for secondary chemicals with strict storage requirements. This makes the device particularly suited to low-resource environments.



The end result: The current prototype developed by USC researchers can analyze an unprocessed, whole blood sample in 10-15 minutes. With only 500  $\mu$ L of blood (five to seven drops), it can achieve sensitivity levels needed for an early-stage diagnosis.

"With PODS, we can do rapid, broad population screening for malaria in low-resource environments. When combined with currently available therapeutics, this could represent a tipping point in the global fight against malaria," says Armani.

#### How the Device Works

Malaria-infected mosquitoes infect human hosts with the parasite. Its primary nutrient source is hemoglobin, a component of <u>red blood cells</u>. As the parasite digests hemoglobin, it creates what is known as heme as a byproduct.

"While heme is highly toxic to both the parasite and its host, the parasite has figured out a 'loophole' around this by aggregating heme into an insoluble nanocrystal known as hemozoin. Unlike all other naturallyoccurring materials in the blood, hemozoin is magnetic," says lead author, co-inventor, and recent biomedical engineering Ph.D. graduate, Samantha McBirney.

Because the amount of hemozoin in the blood is directly related to how far the <u>malaria infection</u> has progressed, it is an ideal indicator of infection. However, detecting a few hemozoin nanoparticles in blood is extremely challenging because blood has many components that can interfere with the measurement. To overcome this problem, the researchers took inspiration from recent discoveries in personalized medicine and leveraged the magnetic behavior of the nanoparticles in their diagnostic design.



PODS has three primary components: a laser, a detector (to detect light), and a magnet. When a sample of blood is placed between the laser and the detector, the amount of light that makes it to the detector decreases as the blood blocks it. If hemozoin is present, even less light shines through. At high concentrations even in blood, it is readily apparent if hemozoin is present because the nanocrystal is very good at blocking light. However, as the concentrations decrease to values indicative of early stage malaria, it becomes harder to detect the presence of hemozoin. (Additionally, everyone's blood absorbs light a little differently, further complicating the measurement.)

Recent advances in personalized medicine for cancer have demonstrated the importance of not relying on statistical averages to establish "normal" or "healthy," benchmarks but instead using a patient's own sample. Normally, this approach is extremely difficult to implement, as it requires obtaining samples from the patient pre-illness. However, in the diagnostic developed by USC researchers, this strategy can be applied by taking two measurements: one with the nanoparticles and one without the nanoparticles.

By applying a magnet, it is possible to manipulate and move the hemozoin particles within a test tube around, or move them in and out of the laser beam. In this way, a single sample can be used to perform two measurements, and every diagnosis is personalized. If hemozoin is present, even in minute concentrations, the signals change. On average, it takes between 10 to 15 minutes for the signal to stabilize, and a larger difference between the two measurements indicates that the malaria has progressed farther.

"PODS operates on a very simple design concept. If there is hemozoin, then there must be malaria," said Armani, "The challenging part was distinguishing the tiny hemozoin nanoparticles from everything else in the whole <u>blood sample</u>."



## **Design Philosophy**

The researchers employed a military design strategy, intentionally designing the device to try to use inexpensive, off-the-shelf components and not require any reagents. If a component fails, the engineers wanted to ensure that it was not necessary to seek out a custom supplier or a single source supplier.

"All the parts are readily accessible and easily replaced," says McBirney.

McBirney was driven to work on this particular problem., "Malaria may not be a concern for those of us living in developed countries, it's still the leading cause of death in the world, and of the hundreds of thousands of deaths every year, nearly 70% of those are children under 5 years old. These aren't deaths occurring in the last five years of life, when someone has already lived out his/her hopes and dreams, when someone already has a family and has lived his/her life to the fullest—these are deaths occurring before a child even knows his/her place in this world, before he/she even knows why he/she is here. This is heartbreaking. If we can play even the smallest role in eradication, that would be tremendous."

## **Next Steps**

The researchers are now working on the next generation of the device to improve its ruggedness and further reduce the sample volume to under 200  $\mu$ L, (one to two drops) of blood. They expect to eliminate the attached laptop so the device could operate for over 30 hours with an external battery pack or be hand-powered.

The article featuring this research, "Portable diagnostic for <u>malaria</u> detection in low-resource settings," is featured in *ACS Sensors*.



#### Provided by University of Southern California

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