

# Fungi can help concrete heal its own cracks

January 22 2018, by Congrui Jin

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Could a secret ingredient make crumbling concrete a thing of the past? Credit: m\_e\_mccarron, CC BY-SA

Infrastructure supports and facilitates our daily lives – think of the roads we drive on, the bridges and tunnels that help transport people and freight, the office buildings where we work and the dams that provide the water we drink. But it's no secret that American infrastructure is [aging and in desperate need of rehabilitation](#).

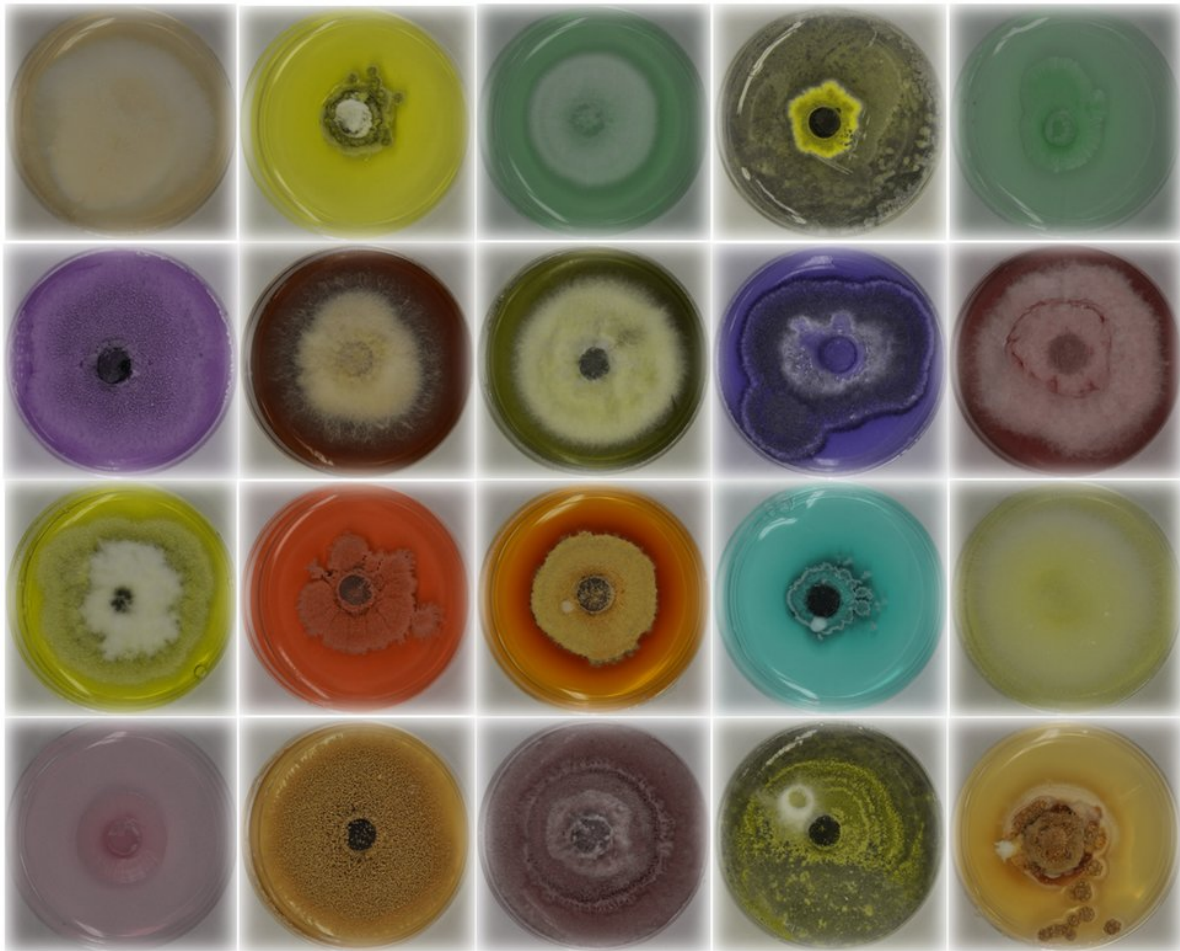
Concrete structures, in particular, suffer from serious deterioration. Cracks are very common due to various chemical and physical

phenomena that occur during everyday use. Concrete shrinks as it dries, which can cause cracks. It can crack when there's movement underneath or thanks to freeze/thaw cycles over the course of the seasons. Simply putting too much weight on it can cause fractures. Even worse, the steel bars embedded in concrete as reinforcement can corrode over time.

Very tiny cracks can be quite harmful because they provide an easy route in for liquids and gasses – and the harmful substances they might contain. For instance, micro-cracks can allow water and oxygen to infiltrate and then corrode the steel, leading to structural failure. Even a slender breach just the width of a hair can allow enough water in to undermine the concrete's integrity.

But continuous maintenance and repair work is difficult because it usually requires an enormous amount of labor and investment.

So since 2013, I've been trying to figure out how these harmful cracks could heal themselves without human intervention. The idea was originally inspired by the amazing ability of the human body to heal itself of cuts, bruises and broken bones. A person takes in nutrients which the body uses to produce new substitutes to heal damaged tissues. In the same way, can we provide necessary products to concrete to fill in cracks when damage happens?



Researchers screened a number of fungi looking for a candidate that could help fill concrete cracks. Credit: Congrui Jin

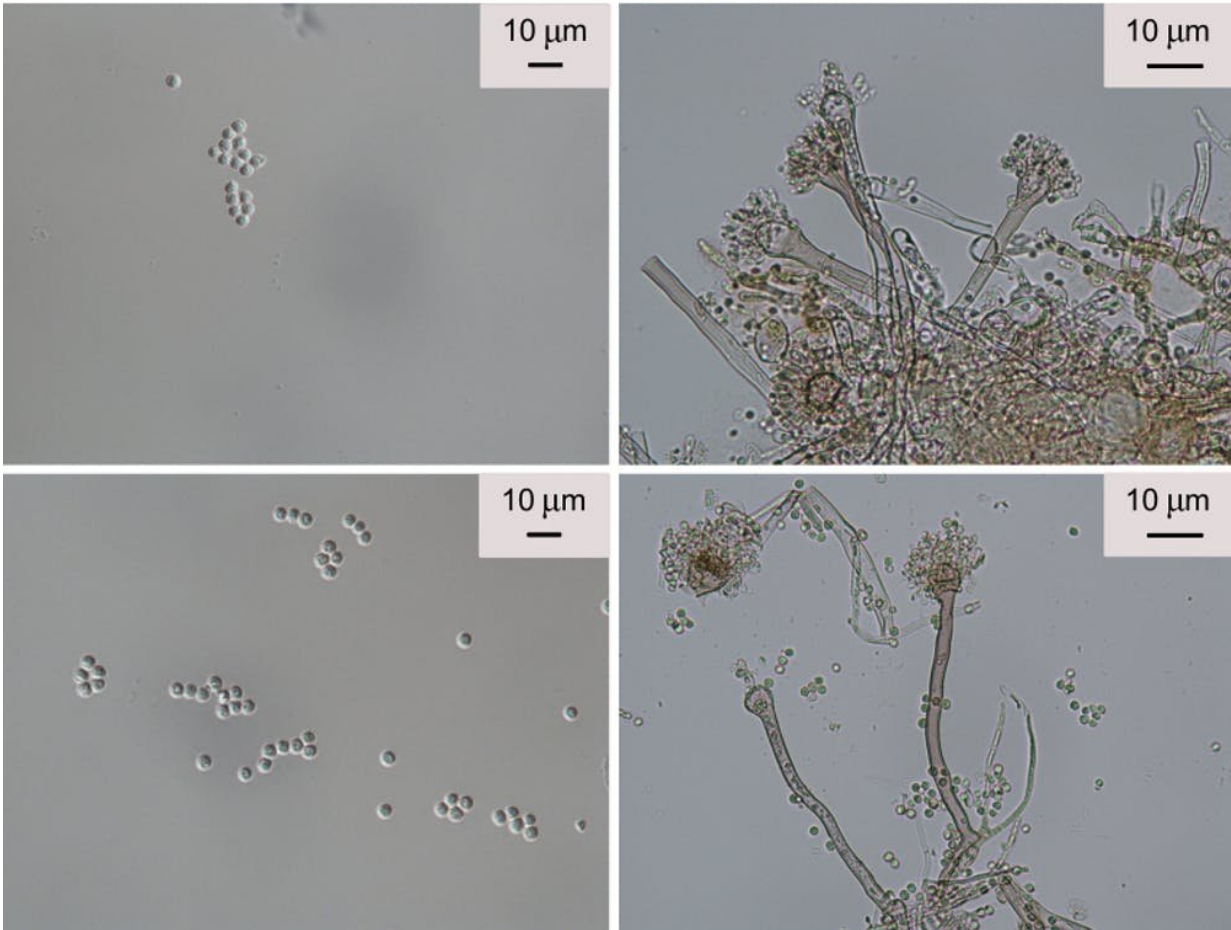
My Binghamton University colleagues [Guangwen Zhou](#) and [David Davies](#), [Ning Zhang](#) from Rutgers University and I have found [an unusual candidate to help concrete heal itself](#): a fungus called [Trichoderma reesei](#).

We initially screened about 20 different species of fungi in order to find one that could withstand the harsh conditions in concrete. Some we

isolated from the roots of plants that grew in nutrient-poor soils, including from the New Jersey Pine Barrens and the Canadian Rocky Mountains in Alberta.

We found that as calcium hydroxide from concrete dissolved in water, the pH of our fungal growth medium increased from a close-to-neutral original value of 6.5 all the way to a very alkaline 13.0. Of all the fungi we tested, only *T. reesei* could survive this environment. Despite the drastic pH increase, its spores germinated into threadlike hyphal mycelium and grew equally well with or without concrete.

We propose including fungal spores, together with nutrients, during the initial mixing process when building a new concrete structure. When the inevitable cracking occurs and water finds its way in, the dormant fungal spores will germinate.



Once the spores (left) germinate with the addition of water, they grow into threadlike hyphal mycelium (right). Credit: Congrui Jin, CC BY-ND

As they grow, they'll work as a catalyst within the calcium-rich conditions of the concrete to promote precipitation of calcium carbonate crystals. These mineral deposits can fill in the cracks. When the cracks are completely caulked and no more water can enter, the fungi will again form spores. If [cracks](#) form again and environmental conditions become favorable, the spores could wake up and repeat the process.

*T. reesei* is eco-friendly and nonpathogenic, posing no known risk to

human health. Despite its widespread presence in tropical soils, there are no reports of adverse effects in aquatic or terrestrial plants or animals. In fact, *T. reesei* has a long history of [safe use in industrial-scale production](#) of carbohydrase enzymes, such as cellulase, which plays an important role in fermentation processes during winemaking. Of course, researchers will need to conduct a thorough assessment to investigate any possible immediate and long-term effects on the environment and human health prior to its use as a healing agent in concrete infrastructure.

We still don't fully understand this very young but promising biological repair technique. Concrete is a harsh environment for the fungus: very high pH values, relatively small pore sizes, severe moisture deficit, high temperatures in summer and low temperatures in winter, limited nutrient availability and possible exposure to ultraviolet rays from sunlight. All of these factors dramatically influence the fungi's metabolic activities and make them vulnerable to death.

Our research is still in the initial stage and there's a long way to go to make self-healing concrete practical and cost-effective. But the scope of American infrastructure's challenges makes exploring creative solutions like this one worthwhile.

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