

Free wheelin' in New York: the Big Apple bike boom

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Cyclists use the dedicated bike lanes from the Brooklyn Bridge in New York

Expanding bike lanes, handing out free helmets and making lessons free: New York is making great strides in encouraging pedal power at the expense of exhaust fumes, even if some cyclists are still nervous about navigating bottleneck traffic.

For years, the city of 8.5 million—which has the most extensive public

transport network in the United States—stood and watched the bike boom take off in European capitals.

In 2013, then billionaire mayor Michael Bloomberg launched the Citi Bike sharing scheme and since then, New York has seen the fastest growth rate in cycle use of any big US city.

"The city has come a long ways in terms of having a much stronger commitment to promoting bicycling," says Rich Conroy, education director for Bike New York, a non-profit organization that encourages safe cycling.

"People realize we can't grow as a city by building more streets and adding more cars," explained Conroy.

"A lot of it is accommodating a growing city in a way that is economically and environmentally sustainable, making the city more attractive to a younger workforce."

The city's department of transportation says 778,000 New Yorkers—12 percent of the adult population—have biked regularly in 2017, more than triple the 250,000 of five years ago.

Citi Bike mirrors that progress: its annual membership has risen steadily, reaching 245,000 in the year ending September, compared to 200,000 a year earlier.

In the last five years, the city's department of transportation has expanded and enhanced the on-street bike network by nearly 300 miles (480 kilometers).

Around 86,000 New Yorkers—2.5 percent of the population—now use a bike to get to work or school.



After the Halloween bike path attack in New York, cement barricades were placed along the West Side Highway bike path

5,000 injuries, 18 deaths a year

One of them is Soe Thi Ha, 29, who rides 12 miles a day between Manhattan and his Brooklyn apartment.

"All my friends were doing it. I saw all the [bike lanes](#). I said if they can do it, I can too," says the Burmese New Yorker, who works in marketing psychology.

"It changed my life," he says. "Now I want to go around the world with my bicycle!"

Yet however enthusiastic riders may be and however much an increasingly dilapidated and unreliable subway encourages people to pedal, cyclists worry about safety.

Cycling in parts of Manhattan is not for the faint-hearted. Eighteen cyclists were killed and nearly 5,000 injured in 2016. Bridges, tunnels and avenues are packed with buses, trucks, SUVs—and potholes.

"I've been riding all my life, I have never had a car but I'm very frightened on New York City streets," says Ilene Richman, 53, who works in health care.

"Everyone I know who rides a lot has had an accident. It's frightening."

When eight cyclists were killed in a Halloween truck attack carried out by an apparent Islamic State sympathizer in TriBeCa, it was a reminder of other fatal accidents on the same Hudson River bike path easily accessible by cars from the road.



A woman rides in a dedicated bike lane in New York's Times Square

Electric bike controversy

To conquer her fear, Richman signed up for free lessons from Bike New York, given to 17,000 people last year.

Supported by the city, the organization teaches safety—ring your bell, observe traffic lights or even yell "yo" to signal your presence to drivers and pedestrians.

But in a country that runs on the car, Conroy says it's drivers who need better training.

There's also another drawback: electric bikes are illegal in New York.

If that's surprising in a city that considers itself at the forefront of progress, many fear the danger posed by delivery persons—ubiquitous in a city where preparing dinner often means dialing for take-out—on electric bikes.

The [city](#) has put the brakes on legalizing [electric bikes](#), says Morgan Lommele from the association "People For Bikes," who is also an e-bikes campaigns manager.

Fining e-riders is also a lucrative source of income for the police department—a \$500 fine or confiscation of the bike are risks disproportionately borne by delivery men, often recent immigrants on poor salaries.

With controversy growing, Lommele hopes Mayor Bill de Blasio will make good on his commitment to the bike and eventually change his mind.

"Fining all e-bike riders will not make e-bikes go away, especially in an industry where e-bike sales are growing by more than 80 percent year over year," she says.

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