

Video: Do anti-wrinkle creams work?

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Credit: American Chemical Society

Want a younger, more perfect-looking you? Skin can stay firm and stretchy thanks to protein fibers called collagen and elastin in the tissue beneath the surface.

But environmental factors like smoking or [ultraviolet rays](#) from the sun can produce antioxidants that damage skin cells' ability to make more of these supports. Anti-wrinkle treatments claim they keep the skin surface

fresh and rejuvenate these cells, but do they work?

To find out whether an over-the-counter jar of cream could make 40 the new 20, we dive into the science:

Provided by American Chemical Society

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