

Evaluation of scientific rigor in animal research

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The "reproducibility crisis" in biomedical research has led to questions about the scientific rigor in animal research, and thus the ethical justification of animal experiments. In research publishing in the Open Access journals *PLOS Biology* and *PLOS ONE* on December 2nd, 2016, researchers from the University of Bern have assessed scientific rigor in

animal experimentation in Switzerland. The study, commissioned by the Swiss Federal Food Safety and Veterinary Office (FSVO), found widespread deficiencies in the reporting of experimental methodology.

In a first step, PhD student Lucile Vogt and postdoc Thomas Reichlin from the Division of Animal Welfare at the Vetsuisse Faculty in Bern screened all 1,277 approved applications for animal experiments in Switzerland in 2008, 2010 and 2012, as well as a random sample of 50 scientific publications resulting from studies described in the applications. The materials were assessed to determine whether seven basic methods that can help combat experimental bias were reported (including randomization, blinding, and sample size calculation). Appropriate use and understanding of these methods is a prerequisite for unbiased, scientifically valid results, says lead author Prof. Hanno Würbel, director of the Division of Animal Welfare.

As published in their *PLOS Biology* study, explicit evidence that these methods were used either in the applications for animal experiments or in the subsequent publications was scarce. For example, fewer than 20% of applications and publications mentioned whether a sample size calculation had been performed (8% in applications, 0% in publications), whether the animals had been assigned randomly to treatment groups (13% in applications, 17% in publications), and whether outcome assessment had been conducted blind to treatment (3% in applications, 11% in publications).

Animal experiments are authorized based on the explicit understanding that they will provide significant new knowledge and that animals will suffer no unnecessary harm. Thus, scientific rigor is a fundamental prerequisite for the ethical justification of animal experiments. Based on this study, the current practice of authorizing animal experiments appears to rest on an assumption of scientific rigor, rather than on evidence that it is applied. The authors of this study recommend more

education and training in good research practice and scientific integrity for all those involved in this process.

Although the initial results found that fewer than 20 percent of applications and publications used methods to control for bias, that didn't necessarily mean that more than 80 percent of animal studies failed to include methods to combat bias, and therefore use animals for potentially inconclusive research. "It is possible that the researchers did use these methods but did not mention them in their applications and publications," says study director Hanno Würbel. "So we decided to ask the researchers."

The researchers used an online survey for all 1,891 animal researchers registered in the central online information system of the FSVO who were involved with ongoing experiments. Among other questions, researchers were asked what bias-reducing methods they normally use when conducting [animal experiments](#) and which of these they had explicitly reported in their latest scientific publication.

According to the researchers' responses, as published in their *PLOS ONE* study, the use of methods against bias is considerably higher than reported in the animal research applications and publications. 86% of the participants claimed to assign animals randomly to treatment groups, but only 44% answered that they had reported this in their latest publication. The same applies to the other measures, for example, for sample size calculation (69% claimed to be doing this, but only 18% say they reported it in their latest publication) and for blinded outcome assessment (47% vs. 27%).

Taken together, the researchers draw two conclusions from these results: on the one hand, reporting in animal research [applications](#) or publications may underestimate the use of bias-reducing methods. On the other hand, the researchers may overestimate their use of appropriate

methods. "We found considerably fewer publications with explicit evidence of the use of measures against risks of bias than claimed by the [researchers](#)", says Würbel. For example, 44% of the participants claimed to have reported randomization in their latest publication, but Würbel's team found evidence of randomization in only 17% of publications.

More information: Vogt L, Reichlin TS, Nathues C, Würbel H (2016) Authorization of Animal Experiments Is Based on Confidence Rather than Evidence of Scientific Rigor. *PLoS Biol* 14(12): e2000598. [DOI: 10.1371/journal.pbio.2000598](#)

Reichlin TS, Vogt L, Würbel H (2016) The Researchers' View of Scientific Rigor—Survey on the Conduct and Reporting of In Vivo Research. *PLoS ONE* 11(12): e0165999. [DOI: 10.1371/journal.pone.0165999](#)

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