

First performance in 1,000 years: 'Lost' songs from the Middle Ages are brought back to life

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Missing leaf from 'Cambridge Songs'. Credit: University of Cambridge

An ancient song repertory has been heard for the first time in 1,000 years after being 'reconstructed' by a Cambridge researcher and a world-class performer of medieval music.

'Songs of Consolation', performed at Pembroke College Chapel, Cambridge on April 23, is reconstructed from neumes (symbols representing musical notation in the Middle Ages) and draws heavily on an 11th century manuscript leaf that was stolen from Cambridge and presumed lost for 142 years.

Saturday's performance features music set to the poetic portions of Roman philosopher Boethius' magnum opus The Consolation of Philosophy. One of the most widely-read and important works of the Middle Ages, it was written during Boethius' sixth century imprisonment, before his execution for treason. Such was its importance, it was translated by many major figures, including King Alfred the Great, Chaucer and Elizabeth I.

Hundreds of Latin songs were recorded in neumes from the 9th through to the 13th century. These included passages from the classics by Horace and Virgil, late antique authors such as Boethius, and medieval texts from laments to love songs.

However, the task of performing such ancient works today is not as simple as reading and playing the music in front of you. 1,000 years ago, music was written in a way that recorded melodic outlines, but not 'notes' as today's musicians would recognise them; relying on aural traditions and the memory of musicians to keep them alive. Because these aural traditions died out in the 12th century, it has often been thought



impossible to reconstruct 'lost' music from this era – precisely because the pitches are unknown.

Now, after more than two decades of painstaking work on identifying the techniques used to set particular verse forms, research undertaken by Cambridge University's Dr Sam Barrett has enabled him to reconstruct melodies from the rediscovered leaf of the 11th century 'Cambridge Songs'.

"This particular leaf – 'accidentally' removed from Cambridge University Library by a German scholar in the 1840s – is a crucial piece of the jigsaw as far as recovering the songs is concerned," said Dr Barrett.

Part detective, part musical time traveller, Barrett's scholarly groundwork has involved gathering together surviving notations from the Cambridge Songs and other manuscripts around the world and then applying them to the principles of musical setting during this era.

"After rediscovering the leaf from the Cambridge Songs, what remained was the final leap into sound," he said. "Neumes indicate melodic direction and details of vocal delivery without specifying every pitch and this poses a major problem.

"The traces of lost <u>song</u> repertoires survive, but not the aural memory that once supported them. We know the contours of the melodies and many details about how they were sung, but not the precise pitches that made up the tunes."

After piecing together an estimated 80-90 per cent of what can be known about the melodies for The Consolation of Philosophy, Barrett enlisted the help of Benjamin Bagby of Sequentia – a three-piece group of experienced performers who have built up their own working memory



of medieval song.

Bagby, co-founder of Sequentia, is also a director of the Lost Songs Project which is already credited with bringing back to life repertoires from Beowulf through to the Carmina Burana.

Over the last two years, Bagby and Barrett have experimented by testing scholarly theories against the practical requirements of hand and voice, exploring the possibilities offered by accompaniment on period instruments. Working step-by-step, and joined recently by another member of Sequentia, the harpist-singer Hanna Marti, songs from The Consolation of Philosophy have now been brought back to life.

Added Barrett: "Ben tries out various possibilities and I react to them – and vice versa. When I see him working through the options that an 11th century person had, it's genuinely sensational; at times you just think 'that's it!' He brings the human side to the intellectual puzzle I was trying to solve during years of continual frustration."

While it's unclear whether Boethius ever wrote Consolation's poetry to be sung, the Roman philosopher recorded and collected ideas about music in other hugely influential works. During the Middle Ages, until the end of the 12th century, it was common for great works such as Boethius' to be set to music as a way of learning and ritualising the texts.

There have been other attempted settings of The Consolation of Philosophy across the centuries; especially during the renaissance and the 19th century when melodies were invented to sound like popular songs of the day.

But it was the rediscovered leaf of the Cambridge Songs that allowed the crucial breakthrough in being able to finally reassemble the work as it would have been heard around 1,000 years ago.



Originating in the Rhineland in the first half of the 11th century, the Cambridge Songs makes up the final part of an anthology of Latin texts that was held in Canterbury before making its way to Cambridge University Library by the late 17th century.

In 1840, a Germanic scholar cut out an important leaf and returned home. For 142 years, Cambridge presumed it lost before a chance discovery by historian and Liverpool University academic Margaret Gibson in 1982.

During an unscheduled visit to a Frankfurt library, Gibson enquired as to whether they had any Boethius manuscripts and was told of a single leaf in their collections. Gibson immediately recognised the leaf as coming from a copy of Consolation and its likely importance for the number of neumes it contained.

Gibson then got in touch with Cambridge University medievalist Christopher Page, then a PhD candidate, who realised this was the missing leaf from the Cambridge Songs and secured its return to the city nearly a <u>century</u> and a half after its disappearance.

"Without this extraordinary piece of luck, it would have been much, much harder to reconstruct the songs," added Barrett. "The notations on this single leaf allow us to achieve a critical mass that may not have been possible without it.

"There have been times while I've been working on this that I have thought I'm in the <u>11th century</u>, when the music has been so close it was almost touchable. And it's those moments that make the last 20 years of work so worthwhile."

Provided by University of Cambridge



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