

How do children feel about their lives?

February 22 2016

Over 17,000 eight-year-old children in 16 countries on four continents were asked about their experiences and their views on their lives. No survey of this age group has ever before been undertaken. The second report on the "Children's World" study, which was published recently, reveals important results which can be used to improve children's lives throughout the whole world. The Jacobs Foundation in Zurich financed the research work on which this report is based and has announced that it will also support the next stage. The new survey of children of between eight and twelve years of age will begin in 2017 and again cover an even larger number of countries.

The views of [young children](#) are rarely the subject of research. The "Children's World" study has closed this gap. The survey asked children about all the important aspects of their lives, including family and home life, friends, money and possessions, school, local environment, time use, personal well-being, view on children's rights and their general contentment. "This is the first opportunity we have had to compare children's lives so comprehensively from the perspective of the children themselves", says Sabine Andresen of Goethe University Frankfurt, one of the principal investigators. "Children perceive the world around them very precisely and we can see who feels compromised in what areas."

Most of the eight-year-old children in the 16 countries examined were content with their lives and their situation, but there was a minority (about 6% of the children) who reported a lower level of well-being. The percentage of children with a lower sense of well-being varied from under 3% in Colombia and Romania to over 9% in Ethiopia, South

Korea and the United Kingdom.

Simon Sommer, Head of Research at the Jacobs Foundation, said: "This project is pioneering. The report concentrates—for the very first time—on the opinions of eight-year-old children with regard to their lives and personal well-being. The Jacobs Foundation will continue to support "Children's Worlds", as we are convinced that the study delivers unique and valuable information for everyone who has a special understanding for and an interest in the lives of children and adolescents and who devotes themselves to improving their lives and prospects."

Safety

Most of the children interviewed said that they felt perfectly safe at home, at school and in their local environment. However, 4% of the children reported that they did not feel safe at home, 4% of those interviewed did not feel safe at school and 9% did not agree that they felt safe in their neighbourhood and local environment. Although it might seem at first that these percentages are low, they nevertheless equate to a large group of the youngest schoolchildren whose feeling of safety—of all things—is restricted.

School life—Differences between boys and girls

Most children (62%) said that they liked going to school. This is far higher than amongst the 10-year-old children interviewed (52%) or the 12-year-olds (42%). Going to school becomes less popular with each age group. But the country comparison is revealing too: Children in Algeria and Ethiopia like going to school most, whilst the percentage of children who do not like going to school is comparatively high in Germany, South Korea and the UK. In some countries, including Israel and six European countries, girls have a more positive attitude to school than boys.

Bullying and violence at school

A large number of children (41%) reported that they had been left out by their classmates or hit by other pupils (48%). Such experiences were more frequent amongst eight-year-old children than in the two older groups of participants in the survey. The percentage of children who had experienced violence was highest in Estonia, the UK and Germany, and lowest in South Korea. Feelings of being left out by classmates were highest in the UK and Romania and particularly low in South Korea and Ethiopia.

Knowledge of children's rights

Almost half the children (46%) stated that they knew about children's special rights. This was less than amongst the 10 to 12-year-old children interviewed (58%). Children in Colombia were the best informed about children's rights (73%). All the same, in Turkey, Ethiopia, Romania and Norway over half the eight-year-old children said that they knew their rights. Professor Asher Ben-Arieh, Study Leader and Co-chairman of the ISCI (International Society for Child Indicators), commented: "This is the first time that we have heard from almost 20,000 eight-year-old children about their activities, feelings and wishes. This remarkable achievement teaches us above all that children know more about their life than anyone else and that all attempts to improve it should always include and take into account their opinions."

The "Children's World" project will include further countries in its future research work, such as Indonesia, Finland and Italy. The third study will start with the first surveys in September 2017 and the new findings will be published in 2019.

The Children's World Study

Children's Worlds, the International Survey of Children's Well-Being (ISCWeB), is a worldwide research survey on children's subjective well-being. The study aims to collect solid and representative data on children's lives and daily activities, their time use and in particular on their own perceptions and evaluations of their well-being. The purpose is to improve children's well-being by creating awareness among children, their parents and their communities, but also among opinion leaders, decision makers, professionals and the general public.

The current wave of the survey was funded by the Jacobs Foundation. It has so far been completed with over 56,000 [children](#) in three [age groups](#) (8, 10 and 12 years old) in 17 countries: Algeria, Argentina, Colombia, Estonia, Ethiopia, Germany, Israel, Malta, Nepal, Norway, Poland, Romania, South Africa, South Korea, Spain, Turkey and the UK.

More information: The full report, a summary and supplementary material can be viewed and downloaded at the project website: www.isciweb.org

Provided by Goethe University Frankfurt

Citation: How do children feel about their lives? (2016, February 22) retrieved 19 April 2024 from <https://phys.org/news/2016-02-children.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.