

## Video: Toward a universal flu shot

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Credit: The American Chemical Society

It's time to fend off the flu, and millions are getting their shot to defend against this year's predicted strains. The latest Speaking of Chemistry episode highlights recent research that might make this annual tradition more effective and less frequent.

Speaking of Chemistry's Sophia Cai explains the [chemistry](#) behind a shot that could keep you from getting the [flu](#) for years to come.

Check it out here:

Provided by American Chemical Society

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