

New Ashoka rice variety brings food security to millions

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Women farmers taking away the certified seed bags of Ashoka 200F upland rice variety after a training session in Central Paraha Bhavan at Bero, Ranchi

Around a million smallholders and their families in east and west India are enjoying greater food security thanks to work by researchers at Bangor University in Wales.

Food security is a phrase that's bandied about, but increasing <u>food</u> <u>security</u> can have real impact on people's lives, and can come about by different means.

In this case, the change in people's lives has come about through the creation of a new rice variety, suitable for growing by subsistence farmers in upland regions, who have been largely ignored by India's 'green' agricultural revolution.



Professor John Witcombe and Dr Daljit Singh Virk of the University's School of Environment, Natural Resources and Geography are responsible for developing the new strain, working with partners Gramin Vikas Trust (GVT), KRIBHCO Bhavan, NOIDA, New Delhi and Birsa Agricultural University, Ranchi, Jharkand, India.

The new variety has rapidly become the most popular choice for growing in upland regions, which are unable to take advantage of modern rice strains developed for irrigated fertile lowlands. Its benefits are that it is both drought tolerant and gives good yields in good growing conditions.

The rice, Ashoka 200F, was developed for resource-poor farmers, using a new method of plant breeding. Instead of conventional plant breeding, when thousands of plants are crossed in the hope of finding beneficial traits, fewer plants are crossed, but carefully selected for desired characteristics, such as drought tolerance and a good yield. The pioneering plant breeding method, called Client Oriented Breeding also differs from conventional commercial development of new crop strains, as it involves the growers in the selection of plant traits which will be important to them, such as good taste, short cooking time and good straw for fodder.





"The figures are quite staggering," explains Prof Witcombe. "We estimate that around a million smallholders are growing formally released Ashoka, bringing in a benefit of £12 million a year to their households. Added to that, many farmers are saving and sharing their own seeds.

"Our evidence shows that over 80% of farmers surveyed said that the rice they were growing was lasting around a month longer than previously- saving them a month's purchase of rice. Ashoka's early and large crop provides food for the 'hungry season- as well as being able to supply fodder for animals. Farmers with surplus grain for sale were also able to sell 45% more grain, and gain a higher price as it's a higher quality grain."

Where other rice varieties have failed to take hold, the approach we take, in involving farmers in the growing and selecting, ensures that we chose traits that are important to them and that they know about and are keen to grow the new variety," said Dr Daljit Virk.

Mr. Dalip Pani, a farmer from Orissa, India said:

"Ashoka varieties have transformed me from subsistence to surplus farmer. With the increased income from seed sale of Ashoka varieties I now own my own tractor and irrigation pumps. I now grow many crops in both seasons. My social status has been enhanced and I am now a nodal person for various government extension agencies."

Mr. Rajinder Dhan, farmer and COB participant, Jharkhand, India said: "Farmers who adopt Ashoka varieties continue to grow them for their earlier maturity, excellent drought tolerance in the uplands and high grain quality. I use Ashoka rice for special occasions because of its good cooking quality."



The Indian Council for Agricultural Research has now adopted the Client Oriented breeding as a mainstream approach for breeding new varieties of grain for drought-prone areas or where traditional approaches have not been rewarding. Added to this, many scientists have adopted the approach as a result of dozens of publications and training programmes conducted by the Bangor University team in South Asia and Africa

Prof Witcombe said:

"The stories from individual farmers are so real and make it very easy for us to appreciate what has been achieved. It is also very satisfying to see our varieties mainstreamed in the seed production chain.

"We started on the Client Breeding Programme in about 1995 which is a very short time in <u>plant breeding</u> terms. With conventional approaches it would not have been possible to achieve the impact we have had.

"It is great if other plant breeders adopt are approach and it should have a bigger impact in the long run. I personally know several plant breeders whose methods are influenced by our approach. The problem is that it is very difficult to quantify how much this influence has helped them achieve success in their breeding programmes. How much is due to their own skills and knowledge and how much is from methods learnt from us? Client Oriented Breeding is a philosophy – always think about what farmers want and keep your breeding methods as simple as possible to achieve this – so it can be used in many different ways."

Provided by Bangor University

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