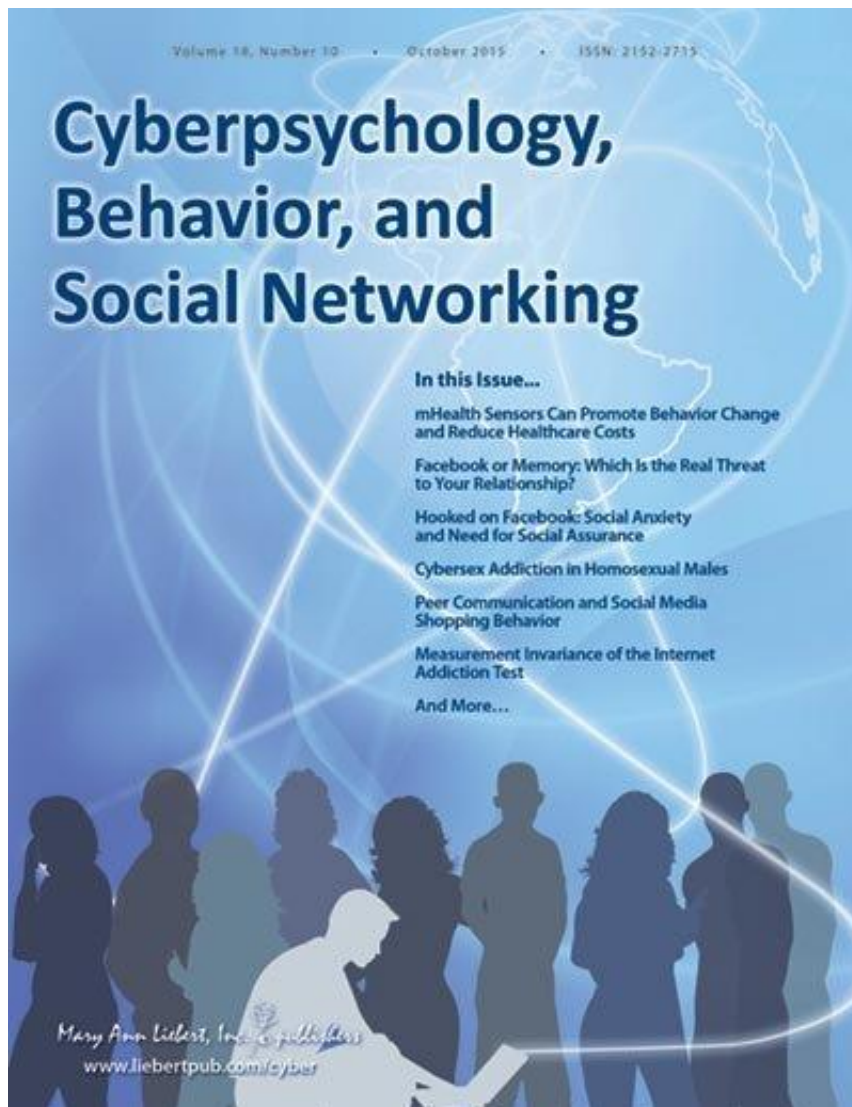


How common is sexting among married couples?

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Credit: Mary Ann Liebert, Inc., publishers

Married couples do report sexting, but it is much less common than in young adult relationships and consists more of intimate talk with their partners than sending nude or nearly nude photos via mobile phones, according to a new study published in *Cyberpsychology, Behavior, and Social Networking*.

["Sexting Among Married Couples: Who is Doing It, and Are They More Satisfied?"](#) further examines the link between sexting behavior and relationship satisfaction or ambivalence. Coauthors Brandon McDaniel, The Pennsylvania State University, College Park, and Michelle Drouin, Indiana University-Purdue University Fort Wayne, report specific differences between sending sexy messages versus sexually explicit pictures and relationship quality for men compared to women with high/low levels of attachment anxiety or avoidance.

"Research in the past has suggested that sexting might be a useful therapeutic approach to increase intimacy in [couples](#) reporting for counseling. The current study, however, seems to indicate that sexting may still be seen as something used by those feeling less secure in their relationships. Clearly more research is called for," says Editor-in-Chief Brenda K. Wiederhold, PhD, MBA, BCB, BCN, Interactive Media Institute, San Diego, California and Virtual Reality Medical Institute, Brussels, Belgium.

More information: The article is available free on the [*Cyberpsychology, Behavior, and Social Networking*](#) website until November 28, 2015.

Provided by Mary Ann Liebert, Inc

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