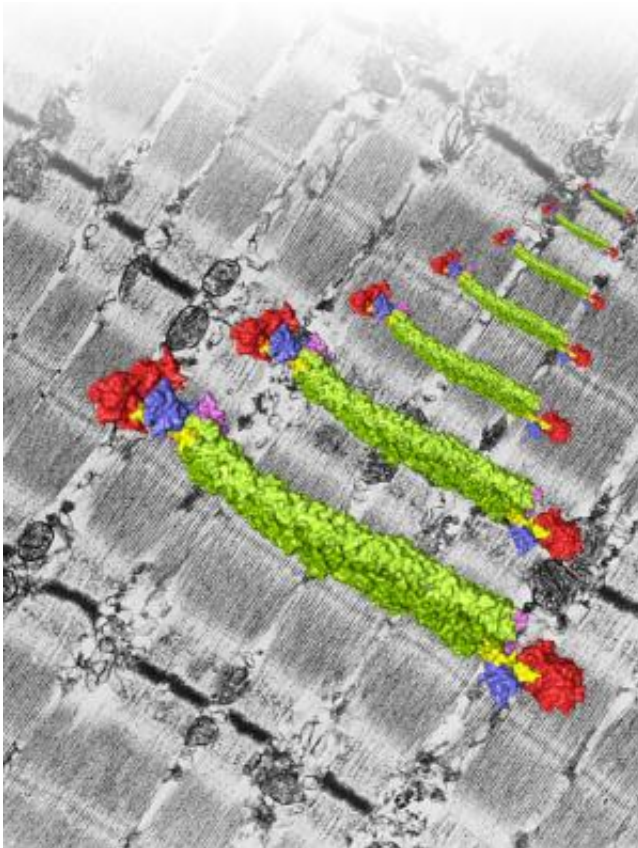


How do our muscles work? Scientists reveal important new insights into muscle protein

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Surface representation of the alpha-actinin dimer against a background of muscle sarcomeres viewed under the electron microscope. The sarcomeres display a typical striated pattern, and are connected via joint Z-discs, seen as dark black and grey diagonal stripes. Credit: Mathias Gautel and Andrea Ghisleni, KCL, Nikos Pinotsis and Kristina Djinovic-Carugo, MFPL

Scientists led by Kristina Djinović-Carugo at the Max F. Perutz Laboratories (MFPL) of the University of Vienna and the Medical University of Vienna have elucidated the molecular structure and regulation of the essential muscle protein α -actinin. The new findings allow unprecedented insights into the protein's mode of action and its role in muscle disorders. The findings, made in collaboration with King's College London (KCL), may lead to improved treatments, and are published in the top-class journal *Cell*.

Most animals rely on muscles to move, irrespective whether it is feed, fight or flee. The smallest building block of a [muscle](#) is the sarcomere, hundreds of which are successively arranged to form muscle fibers. "Sarcomeres are mainly made up of actin and myosin [protein](#) strands called filaments. Muscle shortening or contraction depends on these filaments sliding against each other, and requires that the [actin filaments](#) are anchored in planes, called Z-discs. The major Z-disc protein is α -actinin, which is also responsible for anchoring another protein called titin. Titin ensures that the actin and myosin filaments of a sarcomere are positioned correctly and re-adjusts the sarcomere to its original length after muscle activity", explains structural biologist Kristina Djinović-Carugo.

Important Role in Heart and Muscle Disorders

α -Actinin is clearly an essential protein - embryos of organisms that cannot produce it die. If, however, α -actinin is produced but does not function properly, the organism suffers from diseases such as muscular dystrophies and cardiomyopathies. Knowing the detailed structure of α -actinin and muscle would not only better our understanding of the role of mutant proteins in disease, but would also aid accurate diagnosis and may ultimately assist designing new therapies.



A detailed structure of an alpha-actinin dimer. The head is shown in red, the neck is in yellow and the L-shaped parts are displayed in purple and blue. The blue domain is bound to the titin-like motif of the neck region of the opposing molecule. The rod-shaped body is made up of helical structures (green), aligned in a zigzag and resembling fusilli pasta. Credit: Kristina Djinovic-Carugo, MFPL

Muscle protein structure is a research topic of Kristina Djinović-Carugo at the Max F. Perutz Laboratories (MFPL) of the University of Vienna and the Department for Structural and Computational Biology. The head of the "Laura Bassi Centre of Optimized Structural Studies" explains: "We determined the structure of α -actinin using a technique called X-ray crystallography. It took us several years to produce sufficient high-quality protein necessary to obtain quality crystals for our analysis." With patience and innovative ideas the team eventually teased out the detailed structure of α -actinin, and in collaboration with Mathias Gautel at the British Heart Foundation Centre of Research Excellence at KCL could also show how the protein is regulated.

The Structure is Similar to Fusilli Pasta

The structure showed that α -actinin forms a symmetrical complex made of two molecules. Each molecule has a head, short neck region and a rod-shaped body that looks like four fusilli pasta aligned in a zigzag. The head of α -actinin binds actin whilst two small L-shaped parts sit at the

end of the rod and interact with the neck of the other molecule. However, the structure revealed to be more than the sum of its parts: placing two diametrically opposing α -actinin molecules does not only allow simultaneous binding of actin and titin filaments and so anchoring them in the Z-disc, but also confers regulation.

The Fatty Acid PIP2 Regulates α -actinin Function

"It was a long standing hypothesis, that the interaction of α -actinin with titin is regulated via a fatty acid molecule termed PIP2 which switches the molecule on and off. Our structural data now for the first time reveals how a fatty acid opens and closes the [muscle protein](#) α -actinin, modifying its ability to bind actin and titin", explains Kristina Djinović-Carugo. If there is no PIP2, one of the L-shaped parts of an α -actinin molecule binds a titin-lookalike region in the neck of the opposing molecule. If PIP2 is present, the L-shaped part detaches from the neck and binds titin. The team complemented the structural picture of the interaction of PIP2 with α -actinin by analyzing the dynamic life of α -actinin in collaboration with Katharina Pirker (University of Natural Resources and Life Sciences Vienna), and Bojan Žagrović (MFPL). Mathias Gautel's team also discovered that, when they destroyed α -actinin's binding site for PIP2 or locked it in a position which can permanently bind titin, ordered sarcomeres were lost; the muscle was broken.

Long-term Funding and International Collaborations were Essential

"Our findings give new insights into how muscle is built and flexes at the molecular level. This will help to better understand both inherited and acquired muscular diseases, and aid therapy development", sums up Kristina Djinović-Carugo. She adds: "Without long-term funding

through the FWF, the University of Vienna, the FFG, the EU-FP7 Marie Curie Action 'Networks for Initial Training' program, the British Heart Foundation, as well as the long standing collaborations with Mathias Gautel and Katharina Pirker, this research would have been impossible. This paper is the fruit of eight years of hard of labor!"

More information: Euripedes de Almeida Ribeiro, Nikos Pinotsis, Andrea Ghisleni, Anita Salmazo, Petr V. Konarev, Julius Kostan, Bjoern Sjoebloom, Claudia Schreiner, Anton A. Polyansky, Eirini A. Gkougkoulia, Mark R. Holt, Finn L. Aachmann, Bojan Žagrović, Enrica Bordignon, Katharina F. Pirker, Dmitri I. Svergun, Mathias Gautel and Kristina Djinović-Carugo: The structure and regulation of human muscle α -actinin. *Cell*. December 2014. DOI: [dx.doi.org/10.1016/j.cell.2014.10.056](https://doi.org/10.1016/j.cell.2014.10.056)

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