

# Trouble with your boss? Own it

November 21 2014

---



Credit: Michigan State University

Don't get along with your boss? Your job performance may actually improve if the two of you can come to grips with the poor relationship.

A new study led by Michigan State University business scholars finds that workers are more motivated if they and their supervisors see eye-to-eye about a bad relationship than if they have different views about their relationship. The findings are published in the *Academy of Management Journal*.

"Seeing eye-to-eye about the employee-supervisor relationship is equally, if not more important than the actual quality of the relationship," said Fadel Matta, lead investigator on the study and a management researcher in MSU's Broad College of Business.

Past research suggests workers and their bosses often have differing views about the quality of their relationship. Matta and his fellow researchers set out to examine whether that affects actual work engagement, or motivation.

It does. According to the MSU-led study of 280 employees and their bosses, motivation suffered when an employee believed he or she had a good relationship with the boss but the boss saw it differently. The finding held when the flip side was true and the boss believed the relationship was good but the subordinate did not. The two were surveyed separately, meaning the boss did not necessarily know how the employee felt about him or her, and vice versa.

Interestingly, employee motivation was higher (and the employee was more apt to go above and beyond his or her basic job duties) when the worker and supervisor saw eye-to-eye about the relationship, even when it was poor.

The study examined a wide range of employees - from cashiers to senior managers - in a host of industries, including automotive, retail and financial services. The employees and bosses were surveyed separately.

It's nearly impossible for a supervisor to have a good relationship with every [employee](#)—there's only so much time and so many resources a [boss](#) can invest toward that goal—but at the same time it's human inclination to want everyone to like you, Matta said.

Ultimately, it's important that supervisors and workers don't

misrepresent how they feel about their [relationship](#).

"Some people would say it's better to fake it, but our results indicate that the opposite is true," said Matta, a doctoral candidate in the Department of Management. "At the end of the day, it's better for everyone to know where they stand and how they feel about each other."

Provided by Michigan State University

Citation: Trouble with your boss? Own it (2014, November 21) retrieved 1 May 2024 from <https://phys.org/news/2014-11-boss.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--