

# Couples need just one conversation to decide not to have children

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Many couples agree not to have children after only one discussion, and sometimes none at all, the British Sociological Association's annual conference in Leeds heard today.

Edina Kurdi, of Middlesex University, said that 40% of the [childless women](#) she surveyed for a study had either not talked about having [children](#), or had only discussed this once early in their relationship.

Miss Kurdi carried out an online survey which included responses from 75 UK women aged 35 and above who were childless. She interviewed nine of them face-to-face.

The survey asked about discussions the woman had had with her current partner about not having children. She found that 23 of the 63 who responded to the question had decided not to have children after one conversation. Three others mentioned they had not talked about the issue at all.

One woman said: "Negotiation? It only needed one brief discussion, along the lines of 'I don't want kids – do you?' 'Nope, me neither'. Then move onto something more interesting to talk about... and neither of us reconsidered our options. There was no need to."

Another said: "it never really got said, it was just realised by our actions – we had a two-seater car!"

Other quotes, all from different women:

- "We didn't discuss whether or not to have children, we were both child-free when we met."
- "In both relationships the issue of whether to have children or not was not a point of major discussion."
- "To be honest, it was never a serious discussion. I never reached that stage when I thought I must have this conversation."
- "There is no discussion, I don't want kids and I would never bother to pursue a romantic relationship with someone who did, it would be a pointless endeavour."
- "We didn't discuss really, just mutually agreed. There was no issue to discuss."
- "We were prompted to discuss based on conversation and pressure from friends and family but neither of us wanted kids."

Miss Kurdi, a Lecturer at Middlesex University, said the result was "somewhat surprising and very interesting".

She told the conference: "Not having children is obviously a very important decision, and what was interesting from the research was the negligible amount of discussion that couples engaged in – many are agreeing not to have children in one conversation, or in an unspoken way.

"One possible reason that couples did not need to talk about the issue much is that they could accurately sense their partner did not want children from their beliefs and lifestyle."

Her research project also studied the reasons why [couples](#) remained childless and attitudes of others towards a childless couple. "Very little attention has been paid to the negotiations within romantic relations about not having a family, even though developed countries are facing a

general decline in fertility combined with an accelerated rate of childlessness," she said.

87 women responded to the survey after it was advertised on social media networks and word of mouth, 75 of them childless. The research, which was not statistically representative of all childless women, will form part of her PhD studies.

Miss Kurdi is also Research Assistant at the Social Policy Research Centre.

Provided by British Sociological Association

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