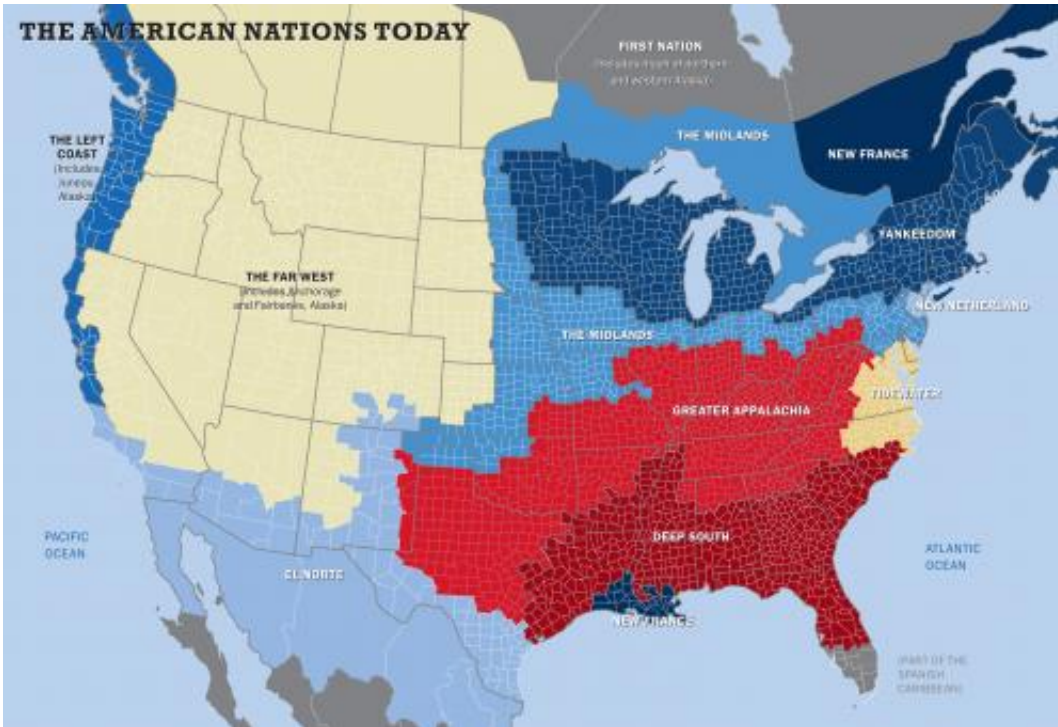


Up in arms

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Credit: Colin Woodard

In December 2012, when Adam Lanza stormed into the Sandy Hook Elementary School in Newtown, Conn., with a rifle and killed 20 children and six adult staff members, the United States found itself immersed in debates about gun control. Another flash point occurred last July, when George Zimmerman, who saw himself as a guardian of his community, was exonerated in the killing of an unarmed black teenager, Trayvon Martin, in Florida. That time, talk turned to stand-your-ground laws and the proper use of deadly force. The gun debate was refreshed in

September by the shooting deaths of 12 people at the Washington Navy Yard, apparently at the hands of an IT contractor who was mentally ill.

Such episodes remind Americans that our country as a whole is marked by staggering levels of deadly violence. Our death rate from assault is many times higher than that of highly urbanized countries like the Netherlands or Germany, sparsely populated nations with plenty of forests and game hunters like Canada, Sweden, Finland or New Zealand, and large, populous ones like the United Kingdom, Germany and Japan. State-sponsored violence, too—in the form of capital punishment—sets our country apart. Last year we executed more than 10 times as many prisoners as other advanced industrialized nations combined—not surprising given that Japan is the only other such country that allows the practice. Our violent streak has become almost a part of our national identity.

What's less well appreciated is how much the incidence of violence, like so many salient issues in American life, varies by region. Beyond a vague awareness that supporters of violent retaliation and easy access to guns are concentrated in the states of the former Confederacy and, to a lesser extent, the western interior, most people cannot tell you much about regional differences on such matters.

Our conventional way of defining regions—dividing the country along state boundaries into a Northeast, Midwest, Southeast, Southwest and Northwest—masks the cultural lines along which attitudes toward violence fall. These lines don't respect state boundaries. To understand violence or practically any other divisive issue, you need to understand historical settlement patterns and the lasting cultural fissures they established.

The original North American colonies were settled by people from distinct regions of the British Isles—and from France, the Netherlands

and Spain—each with its own religious, political and ethnographic traits.

For generations, these Euro-American cultures developed in isolation from one another, consolidating their cherished religious and political principles and fundamental values, and expanding across the eastern half of the continent in nearly exclusive settlement bands. Throughout the colonial period and the Early Republic, they saw themselves as competitors—for land, capital and other settlers—and even as enemies, taking opposing sides in the American Revolution, the War of 1812 and the Civil War.

There's never been an America, but rather several Americas—each a distinct nation. There are 11 nations today. Each looks at violence, as well as everything else, in its own way.

The precise delineation of the 11 nations—which I have explored at length in my latest book, *American Nations*—is original to me, but I'm certainly not the first person to observe that such national divisions exist.

Kevin Phillips, a Republican Party campaign strategist, recognized the boundaries and values of several of these nations in 1969 and used them to correctly prophesy two decades of American political development in his politico cult classic *The Emerging Republican Majority*. Joel Garreau, a *Washington Post* editor, argued that our continent was divided into rival power blocs in *The Nine Nations of North America*, though his ahistorical approach undermined the identification of the nations. The Pulitzer Prize–winning historian David Hackett Fischer detailed the origins and early evolution of four of these nations in his magisterial *Albion's Seed* and later added New France. Russell Shorto described the salient characteristics of New Netherland in *The Island at the Center of the World*. And the list goes on.

The borders of my 11 American nations are reflected in many different

types of maps—including maps showing the distribution of linguistic dialects, the spread of cultural artifacts, the prevalence of different religious denominations and the county-by-county breakdown of voting in virtually every hotly contested presidential race in our history.

Our continent's famed mobility has been reinforcing, not dissolving, regional differences, as people increasingly sort themselves into like-minded communities, a phenomenon analyzed by Bill Bishop and Robert Cushing in *The Big Sort* (2008). Even waves of immigrants did not fundamentally alter these nations, because the children and grandchildren of immigrants assimilated into whichever culture surrounded them.

Before I describe the nations, I should underscore that my observations refer to the dominant culture, not the individual inhabitants, of each region. In every town, city and state you'll likely find a full range of political opinions and social preferences. Even in the reddest of red counties and bluest of blue ones, 20 to 40 percent of voters cast ballots for the "wrong" team.

It isn't that residents of one or another nation all think the same, but rather that they are all embedded within a cultural framework of deep-seated preferences and attitudes—each of which a person may like or hate, but has to deal with nonetheless. Because of slavery, the African-American experience has been different from that of other settlers and immigrants, but it too has varied by nation, as black people confronted the dominant cultural and institutional norms of each.



Credit: David Hackett Fisher

The nations are constituted as follows:

YANKEEDOM. Founded on the shores of Massachusetts Bay by radical Calvinists as a new Zion, Yankeedom has, since the outset, put great emphasis on perfecting earthly civilization through social engineering, denial of self for the common good and assimilation of outsiders. It has prized education, intellectual achievement, communal empowerment and broad citizen participation in politics and government, the latter seen as the public's shield against the machinations of grasping aristocrats and other would-be tyrants. Since the early Puritans, it has been more comfortable with government regulation and public-sector social projects than many of the other nations, who regard the Yankee utopian streak with trepidation.

NEW NETHERLAND. Established by the Dutch at a time when the Netherlands was the most sophisticated society in the Western world, New Netherland has always been a global commercial culture—materialistic, with a profound tolerance for ethnic and religious diversity and an unflinching commitment to the freedom of inquiry and conscience. Like 17th-century Amsterdam, it emerged as a center of publishing, trade and finance, a magnet for immigrants and a refuge for those persecuted by other regional cultures, from Sephardim in the 17th century to gays, feminists and bohemians in the early 20th. Unconcerned with great moral questions, it nonetheless has found itself in alliance with Yankeedom to defend public institutions and reject evangelical prescriptions for individual behavior.

THE MIDLANDS. America's great swing region was founded by English Quakers, who believed in humans' inherent goodness and welcomed people of many nations and creeds to their utopian colonies like Pennsylvania on the shores of Delaware Bay. Pluralistic and organized around the middle class, the Midlands spawned the culture of Middle America and the Heartland, where ethnic and ideological purity have never been a priority, government has been seen as an unwelcome intrusion and political opinion has been moderate. An ethnic mosaic from the start—it had a German, rather than British, majority at the time of the Revolution—it shares the Yankee belief that society should be organized to benefit ordinary people, though it rejects top-down government intervention.

TIDEWATER. Built by the younger sons of southern English gentry in the Chesapeake country and neighboring sections of Delaware and North Carolina, Tidewater was meant to reproduce the semi-feudal society of the countryside they'd left behind. Standing in for the peasantry were indentured servants and, later, slaves. Tidewater places a high value on respect for authority and tradition, and very little on equality or public participation in politics. It was the most powerful of the American

nations in the 18th century, but today it is in decline, partly because it was cut off from westward expansion by its boisterous Appalachian neighbors and, more recently, because it has been eaten away by the expanding federal halos around D.C. and Norfolk.

GREATER APPALACHIA. Founded in the early 18th century by wave upon wave of settlers from the war-ravaged borderlands of Northern Ireland, northern England and the Scottish lowlands, Appalachia has been lampooned by writers and screenwriters as the home of hillbillies and rednecks. It transplanted a culture formed in a state of near-constant danger and upheaval, characterized by a warrior ethic and a commitment to personal sovereignty and individual liberty. Intensely suspicious of lowland aristocrats and Yankee social engineers alike, Greater Appalachia has shifted alliances depending on who appeared to be the greatest threat to their freedom. It was with the Union in the Civil War. Since Reconstruction, and especially since the upheavals of the 1960s, it has joined with Deep South to counter federal overrides of local preference.

DEEP SOUTH. Established by English slave lords from Barbados, Deep South was meant as a West Indies–style slave society. This nation offered a version of classical Republicanism modeled on the slave states of the ancient world, where democracy was the privilege of the few and enslavement the natural lot of the many. Its caste systems smashed by outside intervention, it continues to fight against expanded federal powers, taxes on capital and the wealthy, and environmental, labor and consumer regulations.

EL NORTE. The oldest of the American nations, El Norte consists of the borderlands of the Spanish American empire, which were so far from the seats of power in Mexico City and Madrid that they evolved their own characteristics. Most Americans are aware of El Norte as a place apart, where Hispanic language, culture and societal norms

dominate. But few realize that among Mexicans, *norteños* have a reputation for being exceptionally independent, self-sufficient, adaptable and focused on work. Long a hotbed of democratic reform and revolutionary settlement, the region encompasses parts of Mexico that have tried to secede in order to form independent buffer states between their mother country and the United States.

THE LEFT COAST. A Chile-shaped nation wedged between the Pacific Ocean and the Cascade and Coast mountains, the Left Coast was originally colonized by two groups: New Englanders (merchants, missionaries and woodsmen who arrived by sea and dominated the towns) and Appalachian midwesterners (farmers, prospectors and fur traders who generally arrived by wagon and controlled the countryside). Yankee missionaries tried to make it a "New England on the Pacific," but were only partially successful. Left Coast culture is a hybrid of Yankee utopianism and Appalachian self-expression and exploration—traits recognizable in its cultural production, from the Summer of Love to the iPad. The staunchest ally of Yankeedom, it clashes with Far Western sections in the interior of its home states.

THE FAR WEST. The other "second-generation" nation, the Far West occupies the one part of the continent shaped more by environmental factors than ethnographic ones. High, dry and remote, the Far West stopped migrating easterners in their tracks, and most of it could be made habitable only with the deployment of vast industrial resources: railroads, heavy mining equipment, ore smelters, dams and irrigation systems. As a result, settlement was largely directed by corporations headquartered in distant New York, Boston, Chicago or San Francisco, or by the federal government, which controlled much of the land. The Far West's people are often resentful of their dependent status, feeling that they have been exploited as an internal colony for the benefit of the seaboard nations. Their senators led the fight against trusts in the mid-20th century. Of late, Far Westerners have focused their anger on

the federal government, rather than their corporate masters.

NEW FRANCE. Occupying the New Orleans area and southeastern Canada, New France blends the folkways of ancien régime northern French peasantry with the traditions and values of the aboriginal people they encountered in northeastern North America. After a long history of imperial oppression, its people have emerged as down-to-earth, egalitarian and consensus driven, among the most liberal on the continent, with unusually tolerant attitudes toward gays and people of all races and a ready acceptance of government involvement in the economy. The New French influence is manifest in Canada, where multiculturalism and negotiated consensus are treasured.

FIRST NATION. First Nation is populated by native American groups that generally never gave up their land by treaty and have largely retained cultural practices and knowledge that allow them to survive in this hostile region on their own terms. The nation is now reclaiming its sovereignty, having won considerable autonomy in Alaska and Nunavut and a self-governing nation state in Greenland that stands on the threshold of full independence. Its territory is huge—far larger than the continental United States—but its population is less than 300,000, most of whom live in Canada.

Birds of a Feather Living Together

If you understand the United States as a patchwork of separate nations, each with its own origins and prevailing values, you would hardly expect attitudes toward violence to be uniformly distributed. You would instead be prepared to discover that some parts of the country experience more violence, have a greater tolerance for violent solutions to conflict and are more protective of the instruments of violence than other parts of the country. That is exactly what the data on violence reveal about the modern United States.

Most scholarly research on violence has collected data at the state level, rather than the county level (where the boundaries of the 11 nations are delineated). Still, the trends are clear. The same handful of nations show up again and again at the top and the bottom of state-level figures on deadly violence, capital punishment and promotion of gun ownership.

Consider assault deaths. Kieran Healy, a Duke University sociologist, broke down the per capita, age-adjusted deadly assault rate for 2010. In the northeastern states—almost entirely dominated by Yankeedom, New Netherland and the Midlands—just over 4 people per 100,000 died in assaults. By contrast, southern states—largely monopolized by Deep South, Tidewater and Greater Appalachia—had a rate of more than 7 per 100,000. The three deadliest states—Louisiana, Mississippi and Alabama, where the rate of killings topped 10 per 100,000—were all in Deep South territory. Meanwhile, the three safest states—New Hampshire, Maine and Minnesota, with rates of about 2 killings per 100,000—were all part of Yankeedom.

Not surprisingly, black Americans have it worse than whites. Countrywide, according to Healy, blacks die from assaults at the rate of about 20 per 100,000, while the rate for whites is less than 6. But does that mean racial differences might be skewing the homicide data for nations with larger African-American populations? Apparently not. A classic 1993 study by the social psychologist Richard Nisbett, of the University of Michigan, found that homicide rates in small predominantly white cities were three times higher in the South than in New England. Nisbett and a colleague, Andrew Reaves, went on to show that southern rural counties had white homicide rates more than four times those of counties in New England, Middle Atlantic and Midwestern states.

Stand-your-ground laws are another dividing line between American nations. Such laws waive a citizen's duty to try and retreat from a

threatening individual before killing the person. Of the 23 states to pass stand-your-ground laws, only one, New Hampshire, is part of Yankeedom, and only one, Illinois, is in the Midlands. By contrast, each of the six Deep South–dominated states has passed such a law, and almost all the other states with similar laws are in the Far West or Greater Appalachia.

Comparable schisms show up in the gun-control debate. In 2011, after the mass shooting of U.S. Representative Gabrielle Giffords and 18 others in Tucson, the Pew Research Center asked Americans what was more important, protecting gun ownership or controlling it. The Yankee states of New England went for gun control by a margin of 61 to 36, while those in the poll's "southeast central" region—the Deep South states of Alabama and Mississippi and the Appalachian states of Tennessee and Kentucky—supported gun rights by exactly the same margin. Far Western states backed gun rights by a proportion of 59 to 38.

Another revealing moment came this past April, in the wake of the Newtown school massacre, when the U.S. Senate failed to pass a bill to close loopholes in federal background checks for would-be gun owners. In the six states dominated by Deep South, the vote was 12 to two against the measure, and most of the Far West and Appalachia followed suit. But Yankee New England voted 11 to one in favor, and the dissenting vote, from Kelly Ayotte of New Hampshire, was so unpopular in her home state that it caused an immediate dip in her approval rating.

The pattern for capital punishment laws is equally stark. The states dominated by Deep South, Greater Appalachia, Tidewater and the Far West have had a virtual monopoly on capital punishment. They account for more than 95 percent of the 1,343 executions in the United States since 1976. In the same period, the 12 states definitively controlled by Yankeedom and New Netherland—states that account for almost a

quarter of the U.S. population—have executed just one person.

Divisions and Alliances

Why is violence—state-sponsored and otherwise—so much more prevalent in some American nations than in others? It all goes back to who settled those regions and where they came from. Nisbett, the social psychologist, noted that regions initially "settled by sober Puritans, Quakers and Dutch farmer-artisans"—that is, Yankeedom, the Midlands and New Netherland—were organized around a yeoman agricultural economy that rewarded "quiet, cooperative citizenship, with each individual being capable of uniting for the common good." The South—and by this he meant the nations I call Tidewater and Deep South—was settled by "swashbuckling Cavaliers of noble or landed gentry status, who took their values . . . from the knightly, medieval standards of manly honor and virtue."

Continuing to treat the South as a single entity, Nisbett argued that the violent streak in the culture the Cavaliers established was intensified by the "major subsequent wave of immigration ... from the borderlands of Scotland and Ireland." These immigrants, who populated what I call Greater Appalachia, came from "an economy based on herding," which, as anthropologists have shown, predisposes people to belligerent stances, because the animals on which their wealth depends are so vulnerable to theft. Drawing on the work of the historian David Hackett Fisher, Nisbett maintained that "Southern" violence stems partly from a "culture-of-honor tradition," in which males are raised to create reputations for ferocity—as a deterrent to rustling—rather than relying on official legal intervention.

More recently, researchers have begun to probe beyond state boundaries to distinguish among different cultural streams. Robert Baller of the University of Iowa and two colleagues looked at late-20th-century white

male "argument-related" homicide rates, comparing those in counties that, in 1850, were dominated by Scots-Irish settlers with those in other parts of the "Old South." In other words, they teased out the rates at which white men killed each other in feuds and compared those for Greater Appalachia with those for Deep South and Tidewater. The result: Appalachian areas had significantly higher homicide rates than their lowland neighbors—"findings [that] are supportive of theoretical claims about the role of herding as the ecological underpinning of a code of honor."

Another researcher, Pauline Grosjean, an economist at Australia's University of New South Wales, found strong statistical relationships between the presence of Scots-Irish settlers in the 1790 census and contemporary [homicide rates](#), but only in "Southern" areas "where the institutional environment was weak"—which is the case in almost the entirety of Greater Appalachia. She further noted that in areas where Scots-Irish were dominant, settlers of other ethnic origins—Dutch, French and German—were also more violent, suggesting that they had acculturated to Appalachian norms.

But it's not just herding that promoted a culture of violence. Scholars have long recognized that cultures organized around slavery rely on violence to control, punish and terrorize—which no doubt helps explain the erstwhile prevalence of lynching deaths in Deep South and Tidewater. But it is also significant that both these nations, along with Greater Appalachia, follow religious traditions that sanction eye-for-an-eye justice, and adhere to secular codes that emphasize personal honor and shun governmental authority. As a result, their members have fewer qualms about rushing to lethal judgments.

The code of Yankeedom could not have been more different. Its founders promoted self-doubt and self-restraint, and their Unitarian and Congregational spiritual descendants believed vengeance would not

receive the approval of an all-knowing God. This nation was the center of the 19th-century death penalty reform movement, which began eliminating capital punishment for burglary, robbery, sodomy and other nonlethal crimes. None of the states controlled by Yankeedom or New Netherland retain the death penalty today, with the exception of New Hampshire, where the penalty is rarely imposed (the last execution took place in 1939).

With such sharp regional differences, the idea that the United States would ever reach consensus on any issue having to do with violence seems far-fetched. The cultural gulf between Appalachia and Yankeedom, Deep South and New Netherland is simply too large. But it's conceivable that some new alliance could form to tip the balance.

Among the 11 regional cultures, there are two superpowers, nations with the identity, mission and numbers to shape continental debate: Yankeedom and Deep South. For more than 200 years, they've fought for control of the federal government and, in a sense, the nation's soul. Over the decades, Deep South has become strongly allied with Greater Appalachia and Tidewater, and more tenuously with the Far West. Their combined agenda—to slash taxes, regulations, social services and federal powers—is opposed by a Yankee-led bloc that includes New Netherland and the Left Coast. Other nations, especially the Midlands and El Norte, often hold the swing vote, whether in a presidential election or a congressional battle over health-care reform. Those swing nations stand to play a decisive role on violence-related issues as well.

For now, the country will remain split on how best to make its citizens safer, with Deep South and its allies bent on deterrence through armament and the threat of [capital punishment](#), and Yankeedom and its allies determined to bring peace through constraints such as gun control. The deadlock will persist until one of these camps modifies its message and policy platform to draw in the swing nations. Only then can that

camp seize full control over the levers of federal power—the White House, the House and a filibuster-proof Senate majority—to force its will on the opposing nations. Until then, expect continuing frustration and division.

Provided by Tufts University

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