

# Study looks at why chickens overeat

March 26 2013

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The welfare of poultry could be improved by a discovery about how chickens regulate their appetites.

Scientists have identified how a chicken's genetic make-up can affect the signals sent from its stomach to its brain that tell a chicken when it has had enough to eat.

Poultry farmers often have to restrict food for [chickens](#) because some birds are insensitive to feelings of fullness and can overeat, affecting their ability to reproduce.

The study could make it easier to develop methods to develop diets that reduce excess growth more naturally in these birds.

Researchers say that [genetic differences](#), which affect when chickens recognise when they have had enough to eat, could date back thousands of years when chickens were first domesticated and breeds were selected for their size.

The research was carried out by The Roslin Institute at the University of Edinburgh.

Dr Ian Dunn, who led the study, said: "The findings shed greater light on [food intake](#) in birds and help us understand why some breeds – in general the faster growing types of chickens – are more insensitive to feelings of fullness than others."

The study, published in the *American Journal of Physiology, Endocrinology and Metabolism*, focused on a protein called cholecystokinin (CCK) that has a key role in sending signals linked to being full from the gut to the brain.

The researchers, funded by the Biotechnology and Biological Sciences Research Council, found that some birds were better equipped than others at recognising the protein, making them more effective in triggering signals of feeling full.

The study involved cross-breeding a fast-growing [meat production](#) strain of chicken with a relatively slow-growing, chicken. The researchers looked at how the protein was processed in both types of chickens and in the new cross breed.

They showed that reduced levels of protein that recognizes the fullness signal also affected the chicken's natural body weight.

Their findings back up the theory that, when poultry were domesticated thousands of years ago and bred for increased size, their appetite levels were changed. The study could also help inform research looking at appetite regulation in other animals.

Dr Dunn said: "All species regulate their appetites to make sure the amount of food taken in is just the right to maintain body weight and fat content. Our research has shown that there is genetic variation in the interpretation of biological signals sent relating to being full. This also affects what would be considered to be the natural body weight of chickens."

Provided by University of Edinburgh

Citation: Study looks at why chickens overeat (2013, March 26) retrieved 6 May 2024 from <https://phys.org/news/2013-03-chickens-overeat.html>

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