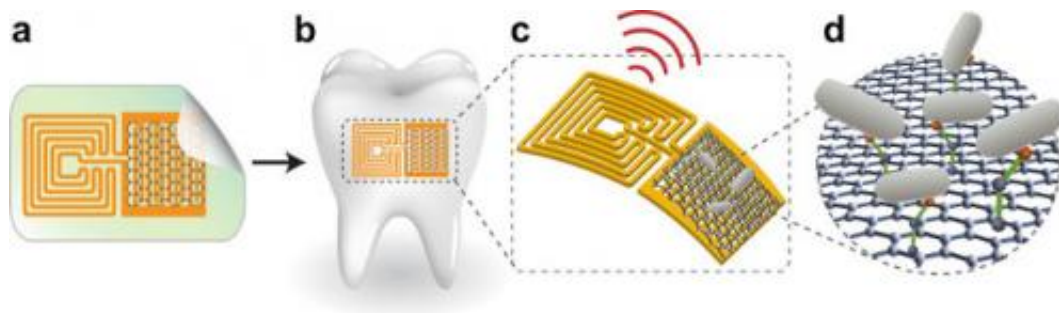


# Tiny oral sensor may one day help dentists assess their patients' oral and overall health

November 2 2012, by David Levin

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The sensor (A), attached to a tooth (B) and activated by radio signals (C), binds with certain bacteria (D). Credit: Manu Mannoor/Nature Communications

(Phys.org)—Gold, silk and graphite may not be the first materials that come to mind when you think of cutting-edge technology. Put them together, though, and you've got the basic components of a new ultra-thin, flexible oral sensor that can measure bacteria levels in the mouth. The device, attached temporarily to a tooth, could one day help dentists fine-tune treatments for patients with chronic periodontitis, for example, or even provide a window on a patient's overall health.

The sensor, dubbed a "tooth tattoo," was developed by the Princeton nanoscientist Michael McAlpine and Tufts bioengineers Fiorenzo Omenetto, David Kaplan and Hu Tao. The team first published their research last spring in the journal *Nature Communications*.

The sensor is relatively simple in its construction, says McAlpine. It's made up of just three layers: a sheet of thin gold foil electrodes, an atom-thick layer of [graphite](#) known as graphene and a layer of specially engineered peptides, [chemical structures](#) that "sense" [bacteria](#) by binding to parts of their cell membranes.

"We created a new type of peptide that can serve as an intermediary between bacteria and the sensor," says McAlpine. "At one end is a molecule that can bond with the [graphene](#), and at the other is a molecule that bonds with bacteria," allowing the sensor to register the presence of bacteria, he says.

Because the layers of the device are so thin and fragile, they need to be mounted atop a tough but flexible backing in order to transfer them to a tooth. The ideal foundation, McAlpine says, turns out to be silk—a substance with which Kaplan and Omenetto have been working for years.

By manipulating the proteins that make up a single strand of silk, it's possible to create silk structures in just about any shape, says Omenetto, a professor of biomedical engineering at Tufts. Since 2005, he's created dozens of different structures out of silk, from [optical lenses](#) to [orthopedic implants](#). Silk is "kind of like plastic, in that we can make [it] do almost anything," he says. "We have a lot of control over the material. It can be rigid. It can be flexible. We can make it dissolve in water, stay solid, become a gel—whatever we need."

Omenetto, Kaplan and Tao created a thin, water-soluble silk backing for McAlpine's bacterial sensor—a film that's strong enough to hold the sensor components in place, but soft and pliable enough to wrap easily around the irregular contours of a tooth.

To apply the sensor, McAlpine says, you need only to wet the surface of

the entire assembly—silk, sensor and all—and then press it onto the tooth. Once there, the silk backing will dissolve within 15 or 20 minutes, leaving behind the sensor, a rectangle of interwoven gold and black [electrodes](#) about half the size of a postage stamp and about as thick as a sheet of paper. The advantage of being attached directly to a tooth means that the sensor is in direct contact with bacteria in the mouth—an ideal way to monitor oral health.

Because the sensor doesn't carry any onboard batteries, it must be both read and powered simultaneously through a built-in antenna. Using a custom-made handheld device about the size of a TV remote, McAlpine's team can "ping" that antenna with radio waves, causing it to resonate electronically and send back information that the device then uses to determine if bacteria are present.

## **Window on the Body**

Right now the sensor can only detect gram-negative bacteria, the general class of bacteria responsible for periodontal disease. Once its detection ability is honed, it eventually might help dentists track exactly when and where certain bacteria are present in the mouth so that they can develop customized treatment plans for patients with chronic periodontal disease.

"A sensor like this could give you a panoramic view of what's happening over a number of hours or even days," says Gerard Kugel, D85, L93, a professor of prosthodontics and operative dentistry and associate dean for research at Tufts School of Dental Medicine. "If you could tell when bacteria levels are spiking, you could shape your course of treatment accordingly. For example, if I saw a patient had a high caries rate and their bacteria level was high for an entire week, I might put them on fluoride rinses and cavity varnishes, or even prescribe an antibiotic."

In addition to monitoring oral health, Kugel believes the tooth tattoo

might be useful for monitoring a patient's overall health. Biological markers for many diseases—from stomach ulcers to AIDS—appear in human saliva, he says. So if a sensor could be modified to react to those markers, it potentially could help dentists identify problems early on and refer patients to a physician before a condition becomes serious.

"The mouth is a window to the rest of the body," Kugel says. "You can spot a lot of potential health problems through saliva, and it's a much less invasive way to do diagnostic tests than drawing blood."

Before the tooth tattoos can undergo clinical testing, however, researchers will have to overcome some limitations. In order for the sensor to detect specific strains of bacteria, McAlpine says, his team will need to create new [peptides](#) or similar molecules that bond with only one particular strain. Constructing those won't be easy. McAlpine notes that he'll need to work with biologists to build them from the ground up, a process that could require the development of entirely new methods for assembling organic molecules in the lab.

The sensor's physical size is also a consideration: the prototype is a bit too large for use in humans (the team tested it on a cow tooth), so making the whole package smaller will be another challenge. And, Kugel notes, thickness is a factor, too. It'll be important to determine if patients will accept having a foreign object, no matter how thin, attached to their teeth.

"People are very sensitive," Kugel says. "They can feel objects in the mouth that are 50 or 60 microns across"—about the thickness of a sheet of paper. "If it's at all irritating to a patient, he or she will complain about it. You'd need to make sure it's actually comfortable enough to leave in place for long periods of time."

Provided by Tufts University

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