

Link between vitamin C, twins can increase seed production in crops

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A boost of vitamin C results in the production of twin seedlings of tobacco. Credit: Gallie Lab, UC Riverside

Biochemists at the University of California, Riverside report a new role for vitamin C in plants: promoting the production of twins and even triplets in plant seeds.

Daniel R. Gallie, a professor of biochemistry, and Zhong Chen, an associate research biochemist in the Department of Biochemistry, found that increasing the level of dehydroascorbate reductase (DHAR), a naturally occurring enzyme that recycles vitamin C in plants and animals,



increases the level of the vitamin and results in the production of twin and triplet seedlings in a single seed.

The value of the discovery lies in the potential to produce genetically identical seedlings and increase production of high-value crops.

"The ability to increase fertility can be extremely useful when the inherent rate of fertility is low or the value of the crop is great, such as corn in which the production of multiple embryos would significantly boost its <u>protein content</u>," Gallie said. "The extra seedlings per seed may also enhance per-seed survival chances for some species."

Study results appear in the online international journal PLoS ONE.

Just as in humans, twins in <u>plants</u> can be either genetically identical or fraternal. Gallie and Chen discovered that the twins and triplets produced in <u>tobacco plants</u> when vitamin C was increased were true twins or triplets as they were genetically identical.

In the lab, the researchers went on to show that injecting plant <u>ovaries</u> with vitamin C was sufficient to produce twins or triplets and that the vitamin causes the zygote, the fertilized egg, to divide into two or even three fertilized <u>egg cells</u> before these cells proceed through subsequent stages of development to produce twins or triplets.

Although they used tobacco in their research, Gallie predicts vitamin C could generate twins and <u>triplets</u> in other plants as well.

"Because the early stages of embryo development are so conserved among <u>plant species</u>, we expect that vitamin C will have a similar effect in almost any plant," he said.

A question raised by the study is whether vitamin C might have a similar



effect in humans. In contrast to most animals, humans cannot make vitamin C and it must, therefore, be obtained regularly from dietary sources.

"Although the development of plant and animal embryos differ in many respects, the manner in which the genetically identical twins were produced in our study is similar to that for identical human twins in that it is the very first division of the fertilized egg into two separate cells that produces the two separate embryos, resulting in two seedlings in plants or two fetuses in humans," Gallie said. "Despite the differences in the subsequent development of embryos in plants and humans, the critical effect of vitamin C is on this very first cell division."

To Gallie's knowledge, no study linking vitamin C to <u>twins</u> in humans has been carried out to date.

"Humans are mutants in that we lack the last enzyme in the pathway needed to produce vitamin C," he said.

Vitamin C is well known to prevent scurvy, a disease affecting collagen synthesis, iron utilization, and immune cell development. It also improves cardiovascular and immune cell function and is used to regenerate vitamin E. The vitamin is present at high levels in some fruits such as citrus and some green leafy vegetables, but present in low levels in those crops most important to humans such as grains.

Vitamin C is as essential for plant health as it is for humans. It serves as an important antioxidant, destroying reactive oxygen species that can otherwise damage or even kill cells. In plants, <u>vitamin C</u> is important for photosynthetic function, in controlling water usage, in providing protection against pollutants such as ozone, and promoting growth.

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Previously, Gallie and Chen, who helped <u>develop technology to increase</u> <u>vitamin C</u> in plants, showed that a boost of the vitamin can help <u>plants</u> <u>defend themselves against the ravages of ozone</u> — smog's particularly nasty component. They also showed that <u>reducing DHAR increases a plant's responsiveness</u> to drought conditions.

Provided by University of California - Riverside

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