

# Unions make both members and nonmembers happier

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It's no coincidence that American workers have never been more dissatisfied with their jobs, and labor unions' membership keeps dropping, according to a [new study](#) co-authored by University of Notre Dame political scientist Benjamin Radcliff. The study was published recently in the journal *Social Indicators Research*.

Based on a study of unions in 14 nations, Radcliff found that people who live in countries in which labor union membership was robust were happier – regardless of whether or not they belonged to a labor union themselves.

“There’s both a direct effect of being a member and an indirect effect,” Radcliff says.

Examining life-satisfaction data from several European countries as well as Japan, Australia and the U.S., Radcliff and his colleagues based their study on the notion that [happiness](#) with one’s life increasingly means happiness at work.

So what, exactly, brings workers happiness? Unions, according to Radcliff.

There are obvious benefits for members: job security, fair wages, benefits and decent hours. But for those who are not members, there is Radcliff’s “indirect effect:”

“People who have union jobs like their jobs better,” he says. “And that puts pressure on other employers to extend the same benefits and wages to compete with the union shops.”

The study also found that the lower-paid labor union members are the ones who find contentment through organized labor, rather than union members who earn the highest salaries.

Radcliff notes that happiness itself is only partially quantifiable, and to take the best measure of it, one needs to consider other factors such as unemployment rate and even church attendance.

However, there is a relationship between happiness and the density of unions in a given country. Denmark, for instance, ranks near the top in both categories, and the U.S., by contrast, ranks near the bottom for happiness in all the countries studied.

**More information:** Radcliff has published articles on the topic in scholarly journals including the *American Political Science Review*, *Perspectives on Politics*, *Social Forces*, and most recently, the *Journal of Politics*. He is author of the book "Happiness, Economics and Politics": [al.nd.edu/news/14540-new-book- ... akes-people-happier/](http://al.nd.edu/news/14540-new-book-...akes-people-happier/)

Provided by University of Notre Dame

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