

# Oxford study finds that ivy can protect walls

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Ivy growing over the boundary wall at Rhodes House along Parks Road in central Oxford.

(PhysOrg.com) -- The received wisdom that ivy destroys buildings has been overturned by a new study by Oxford University.

In a three-year project, Oxford researchers analysed the effects of ivy growing on buildings in five different parts of England and discovered that the plant plays a protective role. They found that an ivy canopy was like a thermal shield, combating the extremes of temperature which often cause [walls](#) to crack.

English Heritage commissioned Professor Heather Viles of Oxford University's School of Geography and the Environment to analyse the effect of common ivy (*Hedera helix*) to guide them in their important role as the steward of hundreds of historical sites. Professor Viles's research team monitored the effect of ivy on walls situated in different

parts of the country with varying climates and challenges. They found that ivy acted as a thermal blanket, warming up walls by an average of 15% in cold weather and cooling the surface temperature of the wall in hot weather by an average of 36%. The ivy was also found to absorb some of the harmful pollutants in the atmosphere. Walls where ivy was growing were less prone to the damaging effects of freezing temperatures, temperature fluctuations, pollution and salts than exposed walls without ivy.

Professor Viles said: 'Ivy has been accused of destroying everything in its path and threatening some of our best loved heritage sites. Yet these findings suggest that there are many benefits to having ivy growing on the wall. It not only provides colourful foliage but also provides walls with weather-proofing and protection from the effects of pollution.'

Garden walls at some of Oxford University's old colleges (Trinity, Pembroke and Worcester Colleges) as well as the Old City Wall were test sites in Oxfordshire. Elsewhere, the research team examined whether ivy at the Dover Drop Redoubt site, one of a series of forts at Dover Western Heights, was friend or foe. Other walls were tested at Byland, North Yorkshire; Nailsea near Bristol; and Leicester in the Midlands.

The Oxford team used resistivity methods to monitor wall moisture levels and fixed monitors to measure the temperature and relative humidity of the microclimate beneath the ivy canopy as compared with uncovered walls. They also conducted laboratory analyses to examine the role of ivy in more detail.

The findings suggest that ivy has protective qualities for buildings that are intact; but they also showed that where walls are already damaged ivy rapidly finds its way into existing cracks and holes in walls. The researchers have built a test wall, planting ivy at the base, at Wytham

Woods in Oxfordshire. The cube-shaped wall contains different flaws so researchers can measure and compare the different deterioration rates with and without ivy.

The project provides those working for English Heritage as well as gardeners up and down the land with a better idea of how to treat ivy. Many might otherwise be unclear about whether to cut down ivy climbing up the walls of their garden and home.

Alan Cathersides, Senior Landscape Manager at English Heritage, said: 'English Heritage are always keen to avoid unnecessary work to monuments and hope this research will lead to a more balanced approach to ivy. Removal should not be automatic as so often in the past, but a carefully considered element of long term management.'

Out of this study, English Heritage hope to issue guidelines for staff and provide guidance for the public on their website by early next year. Meanwhile, Professor Viles and Dr Troy Sternberg of Oxford's School of Geography and the Environment, and Alan Cathersides, from English [Heritage](#), will be speaking about the project and providing practical guidance at a one-day conference on ivy at the Geological Society of London on Wednesday 19 May.

Provided by Oxford University

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