

Fruit Flies -- A Model for Bodybuilders

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Side view of *Drosophila melanogaster* (left: head): A genetic program is responsible for the development of different muscle cells in the fruit fly.

(PhysOrg.com) -- The human body operates by a precisely regulated interplay of different cell types such as blood, nerve and muscle cells. Together with colleagues from the Research Institute of Molecular Pathology (IMP) in Vienna, Austria, scientists of the Max Planck Institute (MPI) of Biochemistry in Martinsried near Munich, Germany, have now succeeded in identifying all genes of the fruit fly *Drosophila* that play a role in the development and function of muscles. "It is fascinating how the genetic programme of an organism is able to produce such different cell types out of identical precursor cells," says Frank Schnorrer, group leader at the MPI of Biochemistry. (*Nature*, March 11th, 2010)

The human body consists of ten to hundred trillion cells. And not all the

cells are identical: The human body consists of 200 different cell and tissue types. Each one of these cell types experiences a special genetic program during its development. At the end of such a development red blood cells transport oxygen, [nerve cells](#) pulse signals and [muscle](#) cells generate mechanical force.

In cooperation with Barry Dickson's Lab at the Research Institute of Molecular Pathology (IMP) in Vienna, Max Planck scientists of the research group "Muscle Dynamics", headed by Frank Schnorrer, have now systematically analyzed all 12,000 genes of the fruit fly for their role in muscle development and function. Like humans, [fruit flies](#) have different types of muscles: some let larvae crawl slowly, others let the wings of adult flies flap as quickly as a flash.

By performing more than 25,000 flight tests, the scientists identified about 2,000 genes that have a function in fly muscles. "Some genes are needed in all the muscles," explains Frank Schnorrer, "others only in the very fast and strong flight muscles." The flight muscles of flies belong to the strongest muscles in the animal kingdom. "They are able to produce 100 watt per kilogram muscle mass and that over a long period of time," says the biochemist. "Bodybuilders and Tour de France riders can only dream about such a performance. They steadily manage about 30 watt per kilogram muscle mass."

Many of the identified genes exist in humans as well and are supposedly also needed for normal human muscle function. A change in these genes often leads to muscle diseases. For instance, mutations in the [Laminin genes](#) are responsible for a particular form of degenerative muscle disease, muscular dystrophy. "In the future, insight into such connections may help to detect and treat muscle diseases individually," hopes Frank Schnorrer.

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Dietzl, M. Novatchkova, K. Schernhuber, M. Fellner, A. Azaryan, M. Radolf, A. Stark, K. Keleman and B. J. Dickson
Systematic genetic analysis of muscle morphogenesis and function in *Drosophila*, *Nature*, March 11th, 2010

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