

Moderation in cell phone use is urged

July 12 2005



A Canadian public health official is urging people to moderate their use of cell phones until uncertainties about long-term health effects are resolved.

Canadian Chief Public Health Officer Dr. David Butler-Jones made the remark Monday at a three-day World Health Organization conference in Toronto.

Butler-Jones told more than 100 academics, public health officials and scientists from around the world that constantly changing technology has created a moving target, leaving scientists playing a game of catchup, the Toronto Star reported.

"Our technology has passed our ability to understand what biological



effects are positive or negative," said Butler-Jones, who heads the new Public Health Agency of Canada.

"What would be the message? The message would be that moderation is a good thing," he said during an interview with the newspaper after his presentation. "Talking for two hours every night on cell phones, would I advise that? No."

Butler-Jones said use of cell phones during one's childhood might also have an impact on obesity and the way children interact socially with family and friends.

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