

Very few overweight women happy

June 30 2005

Only 1 percent of overweight women in a British survey said they are happy with their shape, blaming the celebrity culture for their attitude.

Of the 4,000 overweight women questioned by the National Slimming Survey, 83 percent said they suffered from deep "self-loathing". Some 91 percent felt depressed and 79 percent said they felt "utter despair."

Two-thirds of overweight women said they have felt like "life is not worth living," Sky News reported.

The survey also said 74 percent admitted to hiding food in their bedroom, car, garage or garden. About half of respondents removed size labels from clothing.

Among 1,000 men questioned in the same survey, 94 percent said they felt "like second-class citizens."

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